



# LAMRIN TECH SKILLS UNIVERSITY PUNJAB



## University School of Engineering & Technology

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**Yuva Kaushal Utsav 2026** - a dynamic platform that will bring together students, industry leaders, innovators, and enthusiasts. The event aims to celebrate the power of skills, technology, and innovation, showcasing future opportunities and inspiring the next generation of tech talent.

**REGISTRATION LINK:** <https://forms.gle/XSCipxviH8vU5E9H8>

### PHYSICAL FITNESS CORNER

**Name of the event :** Health is wealth

**Coordinator:** Prof Brijesh Singh

**Rules:**

- 1.Registration is mandatory for participation.
2. Each activity will be of one-minute duration only for boys and two minutes for girls.
3. Participants must bring their identity cards with them.
4. Only one participant will be allowed at a time.
5. Judging will be based on proper doing of the activity, time duration.
6. Judges will be professional experts.
7. Decision of the organizing committee will be final.
8. Minimum criterion must be fulfilled in order to qualify for position, medal and certificate.
9. In case of a tie in any activity, one more chance will be provided.